



Functional Health and Acupuncture Institute

Where Traditional Meets Functional Medicine

About FHA Institute

Glenn Gruby is a nationally licensed acupuncturist with a 4 year Masters Degree in Traditional Oriental Medicine. Having studied and practiced in Japan, California, and New Jersey, Glenn understands the functional art and science behind Traditional Chinese medicine. His unique style of blending this time tested medical system with cutting edge principles of Functional Medicine offers an effective approach to chronic disease and pain. We accept most major insurances.

We Specialize In...

- Adrenal and hormone imbalances
- Intestinal Dysbiosis
- Thyroid Health
- Autoimmune Conditions
- Pain and Injury
- Gluten Sensitivity
- Leaky Gut
- Food Sensitivities

We Treat More Than Symptoms & Signs

We combine Traditional Chinese medicine with the modern principles of Functional Medicine to treat the whole-body system. This promotes well-being, prevents illness, and helps treat medical conditions.

- Chronic and Acute Pain
- Stress, Headaches and Insomnia
- Chronic Illness and Fatigue
- Immune & Autoimmune Imbalances
- Digestive Disorders
- Gluten Sensitivity Related Disorders

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