

ARE YOU AT RISK FOR BREAST CANCER?

Some women with one or more risk factors never get breast cancer. Most women who get breast cancer have no apparent risk factors. However, the genetic and lifestyle risk factors below can increase a person's chances of having the disease.

- I am a woman
- I am over 50 years old
- I am Caucasian
- I have had a previous breast cancer or pre-cancerous condition.
- I have a close relative with breast and/or ovarian cancer or a BRCA1 or BRCA2 gene mutation.
- I had chest area radiation between the ages of 10 and 30.
- I started my menstrual periods before age 12 or reached menopause after age 50.
- I never had children or had my first child after age 30.
- I am overweight
- I have used hormone replacement therapy for 5 or more years
- I have one or more drinks of alcohol a day.

The more risk factors you have identified, the greater your risk of developing breast cancer.

Our ultimate goal is to extend and enhance the lives of every uninsured, underserved woman living within Camden, Burlington and Gloucester counties—empowering them to take responsibility for their breast health needs and ultimately eliminating breast cancer as an all too-common killer of the underserved.

Clark Family Breast Cancer Services, Inc. is a 501©(3) non-profit organization under the US Internal Revenue Code.

Donations and contributions to our organization are tax-deductible under section 170 of the IRS Code.

Clark Family Breast Cancer Services, Inc.

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CLARK FAMILY BREAST CANCER SERVICES, INC.



Education & Awareness

Funding Provided by a grant from



Helping save lives, one mammogram at a time

OUR MISSION

The mission of Clark Family Breast Cancer Services, Inc. is to educate, motivate and support, not just the individual diagnosed with breast cancer, but the entire family as well.

Through **Education**, we spread awareness.

Through **Motivation**, we uplift their spirits.

With **Support**, we will stand by them every step of the way.

PROGRAM

Our Neighborhood Outreach & Support Program is a free, community-based breast cancer education program that utilizes cancer survivors and outreach facilitators to increase awareness, knowledge, screening, and early detection behaviors in the most medically underserved areas of our county in an effort to reduce the number of deaths and incidents of breast cancer. Our program travels to locations throughout Camden, Burlington and Gloucester counties to educate women using a culturally-competent, familial approach to deliver our messages of hope and empowerment to our low-income, uninsured and medically underserved population. If you are uninsured, we can help you get a free mammogram. If you can't afford a mammogram contact us for assistance. If you would like for us to conduct a workshop or presentation at your church, residence or place of business, give us a call.

FINANCIAL ASSISTANCE

Clark Family Breast Cancer Services will grant financial assistance to women who live in Camden, Burlington or Gloucester Counties for breast health related services such as mammogram screening, treatment or prescription costs related to breast cancer treatment. Funds are also available for transportation to and from treatment, screening and follow-up appointments. Funds are limited and are available on a first-come, first-serve basis. Contact us at 856-317-1876 for more details.

C.A.R.E. Project



The C.A.R.E. Project of Clark Family Breast Cancer Services is a new initiative to get more women to get screened for breast cancer. This is done by way of encouraging someone you love to get a mammogram.

As a result, you will receive a \$10.00 CVS gift card and the person getting screened will receive a \$10.00 Shoprite gift card. It's that simple. Call today for an encouragement form. With your help, we can save more lives—one mammogram at a time . . .

OUR FAMILY HISTORY

Clark Family Breast Cancer Services, Inc. was established in October, 2005 in memory of our sister, Brenda L. Clark, who died from breast cancer in June, 2005, at the age of 53, after being in remission for 15 years. Just ten months earlier, in August 2004, we had lost another sister, Barbara, age 46. Barbara fought the disease for eleven years. Two years earlier our mother, Elizabeth passed. A third sister, Darnetta was also diagnosed at the age of 48 after she discovered a lump on her breast while performing a breast self-examination. After being in remission for 13 years and undergoing a double mastectomy, her cancer returned in 2015.

In 2011, our youngest sister, Jackie, was diagnosed with ovarian cancer. Women diagnosed with breast cancer should determine if they are at risk for ovarian cancer. While this is true for only a very small number of women with breast cancer, specific preventive steps are available. So it is important and worthwhile to determine if any of the risk factors apply to you and then take appropriate action.

Our mother Elizabeth and Grandmother



Our sister, Brenda



Sisters—Darnetta and Barbara