

We provide wholeperson, communitybased treatment for substance use

**REFER A PATIENT** 

856-372-5484

https://www.eleanorhealth.com/referrals

## VIRTUAL AND OFFICE-BASED SERVICES ACROSS NEW JERSEY

2250 Chapel Avenue West, Suite 120

5 Lincoln Highway, Suite 4A Edison, New Jersey 08820

96 Pompton Avenue, Suite 101 Verona, New Jersey 07044

Telehealth-enabled care is available across New Jersey, and additional locations forthcoming in 2021!

# eleanor health

# RECOVERY. FOR LIFE.

ADDICTION TREATMENT FOR OPIOID, ALCOHOL, AND OTHER SUBSTANCE USE

### WHOLE-PERSON APPROACH

#### **MEDICATION**

Medication assisted treatment for addiction including Suboxone, Vivitrol, naltrexone, and others as needed. Psychiatric medication management including antidepressants, mood stabilizers, antipsychotics, and other medications as part of a personalized plan for recovery.

#### **THERAPY**

Group and individual therapy in office, through video, and in community settings, tailored to what is most effective and convenient for the individual.

#### **RESOURCES**

Dedicated support to remove individual barriers to recovery and to a fulfilling life, through connection to resources such as housing, employment, and peer support.

#### TAILORED TO EACH COMMUNITY MEMBER

We put our community members at the center of everything we do. We start by learning more about the community member's day-to-day life, preferences, specific needs, and goals. Our comprehensive, extensive approach takes every aspect of life into account, from physical health and mental health to life priorities.

This approach is unique in addiction treatment, and provides significant advantages to community members, their families, and their broader support networks:

- Office-based treatment: person seeking treatment can continue to work, attend school, or otherwise participate in their daily activities
- Technology enabled: using technology can assist a community member in reducing the stigma of accessing treatment, as well as providing convenience and accessibility within their daily life
- Care coordination: working with other healthcare providers, Eleanor Health coordinates needs for healthcare that may have been overlooked and were adding to the community member's health concerns
- Support for families and loved ones: with our community member's interest in doing so, Eleanor Health can educate, teach, and connect loved ones to be essential partners in recovery
- Harm reduction approach: the Eleanor Health care model emphasizes harm reduction, working towards the community member's goals rather than requiring complete substance abstinence to remain in care