

## About us

Caring Counselors, Inc is a collective of dedicated and passionate professionals committed to providing quality therapeutic services. We serve to counsel, educate and advocate for our clients.

Our team consists of licensed professionals. We are social workers, counselors, psychologists and other licensed clinicians. We have extensive experience assisting people with a variety of emotional, behavioral and social issues. We enjoy our work and have a passion for helping people.

## Psychological Counseling

Locating a therapist can feel overwhelming. At Caring Counselors, we are here to ease the process of obtaining counseling services.

When selecting a therapist, it is important to review your expectations and concerns. At Caring Counselors, we help you identify, navigate and resolve issues. We provide a supportive and nurturing environment. Our professionals conduct individual, family and couples therapy.

## In Home Counseling

The State of New Jersey offers families time based, limited therapeutic services for children who experience emotional, behavioral and developmental difficulties.

Caring Counselors is an in-home provider serving the counties of Burlington, Camden, Cumberland, Gloucester, Mercer and Salem through New Jersey Children's System of Care.

In order to obtain services for your child, you must first contact Perform Care at 877-652-7624.

You can request Caring Counselors as your child's in-home provider. If approved your child may receive in home therapy from a licensed professional at no charge to you.

Please call our office for more information or if you need assistance with this process. Many of our staff is trained in different therapeutic modalities. We have expertise in:

- \*Cognitive Behavioral Therapy
- \*CBT Trauma Focused Therapy
- \*Play Therapy
- \*Sandplay Therapy
- \*EMDR, Eye Movement Desensitization and Reprocessing
- \*Nurtured Heart Approach
- \*Positive Parenting Skills and Support
- \*Sensory Enrichment Therapy

## Mendability

Mendability is Sensory Enrichment Therapy that uses a safe, multi sensory approach to increase brain function in individuals with a variety of challenges. Certified Sensory Enrichment Therapist teach caregivers targeted, sensory based exercises to increase your child's brain plasticity. Caregivers practice these skills on a daily basis with their child at home. This evidence based modality is conducted over 12 weeks.

## Nurtured Heart Approach

The Nurtured Heart Approach is a relationship focused methodology. NHA understands the uniqueness of every child. It helps shift the child's intensity in successful ways. NHA focuses on a child's Inner Wealth. It has a proven impact on every child, including those who have struggled behaviorally, socially and academically.

## Professional Development

Caring Counselors provides Professional Development Trainings. We can cater seminars and trainings for individual needs of different entities.