



# Fischer Counseling Services, LLC

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*Self-Reliance through Compassionate Care*

*Individual & Family Therapy*

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- Intensive In-Community/Behavioral Assistant
- Child & Adolescent Needs & Strengths (CANS) Assessment
- Outpatient: Psychotherapy & Bio-Psycho-Social Assessment

- Cognitive Behavioral Therapy (CBT) •
- Nurtured Heart Approach •
- Trauma Informed Therapy: Emotional •
- Physical, & Sexual Abuse
- Crisis De-Escalation Strategies •
- Behavioral Health/Management Strategies •
- Parent Training/Skill Building •
- Family Therapy • Play Therapy •

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- DD Services:  
Autism Spectrum Disorders/Intellectual Disabilities
- Mood Disorders:  
Depressive, Bipolar, & Disruptive Mood Dysregulation
- Anxiety Disorders • ADHD
- ODD/Conduct Disorder
- Drug & Alcohol Counseling • LGBTQ Support
- Severe/Persistent Mental Illness • Eating Disorders

*Assist youth & families to develop pathways  
to personal growth & emotional stability  
through the implementation of empirically validated  
treatment & compassionate care.*