




## Program Components

 Academic Success

 Health & Wellness

 Recovery Planning

 Recovery Mentorship

 Family Involvement

## Contact Us



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### School Principal

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 **Simon Youth  
Foundation**

 **PREVENTION  
LINKS** Foster. Empower.  
Sustain...



## Where recovery & education go hand in hand.

Providing New Jersey youth with a safe, supportive environment to pursue their high school education and recovery under one roof.

## Our Services

- Blended learning environment, including in person instruction and virtual learning
- In-school SAT prep
- Post-secondary planning
- Weekend/after school social, recreational & volunteer opportunities
- Intensive recovery case management, assessment & referral to outside treatment
- On & off site recovery mentorship
- Auxiliary program, including sensory art & occupational therapy

# Eligibility Requirements

"EDUCATION IS THE GREAT EQUALIZER."

- Horace Man



## ESH applicants must be:

- Currently enrolled high school students.
- Committed to obtaining a high school diploma.
- Committed to abstinence.
- Willing to partake in all aspects of programming at ESH.
- Willing to comply with out of school treatment recommendations.

## ESH accepts students...

- With or without an individualized education program (IEP)
- With diagnosed co-occurring mental health conditions, provided they are being monitored by an outside professional.
- From outside Union County if they are within a reasonable distance (Middlesex, Hudson, Essex, Morris, Somerset, Passaic, & Hunterdon Counties)
- Who are prescribed and adhering to a medication assisted treatment (MAT) protocol monitored by an outside professional.

## Why a Recovery High School?

When students with substance use issues complete inpatient treatment, or enter recovery through community-based or outpatient supports, returning to their home school can be challenging.

For teens, school can present more triggers for a recurrence of use than any other environment. Recovery high schools are designed to provide a safe, supportive environment for teens in recovery where they can pursue their high school diploma and their recovery at the same time.



Low student to staff ratio, on-site recovery support services, and our emphasis on positive peer connections enable our students to remain clean and sober and to **graduate** from high school. In a normal school environment, the odds are against their success. Recovery High Schools are designed to help these students *thrive*.

## About Us

The birth of the Raymond J. Lesniak Experience, Strength & Hope Recovery High School came about through a unique public/private partnership between one of the state's leading non-profits focused on addiction prevention, Prevention Links, the award winning Union County Vocational Technical Schools (UCVTS) and Simon Youth Academy.

We opened our doors in the fall of 2014 and have been serving NJ youth in need of recovery every since.

Following the framework established by the Association of Recovery Schools...

**Our purpose**, as defined by ARS is to, *"educate students in recovery from substance use; meet state standards for awarding a secondary school diploma; intend that all students enrolled be in recovery and working a program of recovery for substance use disorders..."*