

*Divine Professional  
Counseling LLC*

*“It’s A New  
Day”*



Divine Professional Counseling LLC

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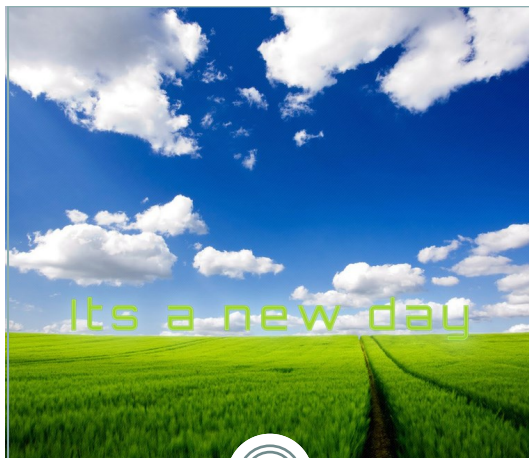


## Divine Professional Counseling LLC



*It's a new day, Live it!*

*Sheree T Dublin MA,LAC  
Angel Windham, LCSW,CCS*



## Mission

The Mission of Divine Professional Counseling LLC, is to provide each clients with exceptional mental health treatment. Our experienced therapist provides evidence-based approaches that optimize treatment outcomes. Our dedicated, and caring staff provides an holistic approach to therapy developing and utilizing and individualized treatment plan that is geared towards improving the quality of life of each client .

## Services

### FAMILY THERAPY

Divine Professional Counseling understands that families are complicated and at times need intervention to bring out the strength of each member. The goal of therapy is to help families work through challenges to functional as a healthy unit.

#### Individual, Couples Therapy

We believe that people who seek therapy have the courage to face life's challenges and the strength to seek assistance. We provide therapy in a safe, professional and confidential setting. By combining extensive experience and creative techniques, our therapists provide specialized, high quality treatment of various emotional, behavioral and relationship issues.

#### Children and Adolescent Therapy

- **Behavioral Difficulties** - Unruly behaviors, fighting at school/home, bullying, excessive anger, not listening to adults or parent/child conflicts, drug use, teenage sex, teen pregnancies, self injurious behaviors, substance abuse, bedwetting, etc.
- **Depression** - In childhood and adolescence depression can manifest with irritable moods, anger, lack of interest or participation in previously enjoyable activities or withdrawing from friends and family.
- **Anxiety** - Difficulty leaving parents, excessive worries about the safety of self/others, compulsive behaviors, poor self esteem, indecisiveness or fearfulness.
- **Trauma** - Being a past victim of abuse or neglect. Witnessing or experiencing violence can cause sadness, overwhelming anxiety and feelings of being unsafe in the world.
- **Grief and Loss** - Dealing with a chronic illness in self or family member; death of family or friends; divorce/separation of parents or caregivers; military deployment; when a pet dies.
- **Relationship Issues** - Having difficulty making friends, shyness, hostility, passivity or conflicts with peers, lack of empathy.
- **Attention Deficit Hyperactivity Disorder** - Developmentally inappropriate impulsivity, inattention and in some cases, hyperactivity.

## SERVICES

### Anger Management

Our Therapists at Divine Professional Counseling knows the dangers of anger and how it can negatively affect a person life and family. The goal of therapy is to identify the cycles relating to anger, and to develop successful tools and alternative responses to resolve conflicts.

### GRIEF/ LOSS

Grief and loss can impact one's life in a major way. Understanding the grieving process, and learning ways to cope can provide hope for deeper meaning.

### Trauma

The impact of trauma can have an affect on many areas of your life. Becoming aware of the impact of trauma is the beginning of living your best life.

### Treatment Modalities

- Christian Counseling
- Cognitive Behavioral (CBT)
- Culturally Sensitive
- Dialectical (DBT)
- Eclectic
- Family / Marital
- Family Systems
- Humanistic
- Motivational Interviewing
- Person-Centered
- Play Therapy
- Psychoanalytic
- Rational Emotive Behavior Therapy (REBT)
- Reality Therapy
- Structural Family Therapy
- Trauma Focused

*Caption describing picture or graphic*