

Strengthening children's resilience through social emotional learning

## SERVICES



## **INDIVIDUAL**

Individual sessions children 5-12 yrs. Topics include, grief, anxiety, selfcontrol, selfesteem, anger, family changes, new medical diagnosis and general social skills



## **SMALL GROUP**

Small groups run for 6 weeks and allow children to develop SEL skills and build friendships with peers in a fun and relaxed enviornment



## **SPECIAL EVENTS**

Monthly SEL
workshops and
pop-up events
through the year to
meet needs in the
community. Please
reach out with
specific event
requests

Book your session now!

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856-979-8301

