



MAKE A DIFFERENCE!

The Family Support Councils consist of family members of people with I/DD who meet regularly to:

- Conduct public forums and surveys, gathering feedback from families in their area on what is or is not working in the support services they use
- Direct families toward important resources and useful information about the services they need
- Recommend changes to existing DDD/DCF services based on input given by families in their region
- Educate service providers and have them meet face-to-face with families so that they can better understand the needs of the families they serve
- Participate in statewide DDD & DCF committees to advocate for families
- Provide education to families and empower them to participate in improving the system for themselves and others



NEW JERSEY
REGIONAL
**FAMILY SUPPORT
PLANNING COUNCILS**

Visit our website and find **RFSPC** meeting dates, times, and locations in your area

Go to **www.njcdd.org** and click on *Projects Family Support*

For more information about The Family Support Council call **1-800-216-1199** and press option 2.

or send us an email to the **Statewide Family Support Coordinator**
kyoko.coco@njcdd.org



Or write to us
NJCDD c/o Family Support
PO Box 700 Trenton, NJ 08625-0700

Like Us On Facebook!
www.facebook.com/NJFSPC

YOUR VOICE IS IMPORTANT!

A Program Coordinated by
The NJ Council on Developmental Disabilities



NEW JERSEY
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PLANNING COUNCILS**



Interested in becoming a better advocate for your community?

If you are the parent or sibling of a person with Intellectual/Developmental Disabilities,

JOIN YOUR LOCAL Family Support Planning Council

Your voice is important!
Help us help families in your region!



Be a part of the solution

Families of persons with intellectual/developmental disabilities (I/DD)

Have you ever wished for assistance in navigating the service delivery system in your area?

Do you feel as though the current system is failing to meet the needs of your family?

You can do something about it!

Contact your local Regional Family Support Planning Council (RFSPC) and ask about becoming a member!

Ten RFSPCs are located throughout New Jersey and generally meet once a month. As a council member, you have the opportunity to assist and advise the New Jersey Division of Developmental Disabilities (DDD) and the Department of Children & Families (DCF) on how to best use resources to meet the needs of families and individuals living in your area.

Council members also partner with these agencies and other service providers in their area to develop and modify services that best meet the needs of families and individuals in their region. Members are reimbursed for reasonable and customary expenses for travel and childcare.

LEARN HOW TO HELP FAMILIES BY:

- Providing Information
- Identifying Resources
- Becoming an Effective Advocate for the New Jersey I/DD Community

Ten Regional Family Support Councils are Located Throughout New Jersey

RFSPC #1

Sussex, Warren, Morris
rfspc1@gmail.com

RFSPC #2

Bergen, Hudson, Passaic
RFSPC2@gmail.com

RFSPC #3

Somerset, Union
rfspc3@gmail.com

RFSPC #4

Essex
rfspc4@yahoo.com

RFSPC #5

Hunterdon, Middlesex, Mercer
RFSPC5nj@gmail.com

RFSPC #6

Monmouth, Ocean
rfspc6-chair@excite.com

RFSPC #7

Burlington, Camden
rfspc7@gmail.com

RFSPC #8

Cumberland, Salem, Gloucester
RFSPC8@gmail.com

RFSPC #9

Atlantic
rfspc9@yahoo.com

RFSPC #10

Cape May
RFSPC10@yahoo.com

