YOU ARE MORE THAN INC.

Uplifting BIPOC & LGBTQ+ Survivors

of commercial sexual exploitation & domestic trafficking





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We support adult survivors of domestic trafficking & exploitation and primarily focus on marginalized communities, particularly BIPOC and LGBTQ+ survivor communities.





About You Are More Than Inc.

is the first and only survivor-led & LGBTQ+-led organization in NJ serving adult survivors of domestic trafficking & exploitation locally and nationally.

To donate visit us at www.yamt.org/donate

1-on-1 Peer Mentor Sessions

- 1-to-1 sessions provided by a survivor leader from YAMT to a survivor throughout the United States
- Utilize sessions to navigate through community resources, mentorship, building emotional skills, job prep/support, education support, and more!
- Nurture by YAMT wellness box aims to bring mental health to a survivor's door, eliminating the barrier that many survivors face when not having traditional mental health services in their communities.

Individual & Group Counseling

- Individual Counseling Sessions
- **Survivor-led** Support Groups & LGBTQ+ Support Group
- Nurture Forward Directory is the first and only mental health directory geared towards connecting community providers and private practice owners to survivors of trafficking.

Grants/ Scholarships for School & Survivor-led Small Businesses

- We provide cash grants (no strings attached) to help survivors pay for school-related expenses: tuition, rent, childcare, transportation, books, materials, and the Internet to continue supporting their long-term education goals.
- We directly invest in survivor-led small businesses to put cash grants into their businesses in order to support them moving towards financial freedom.
- We provide financial assistance for survivors to gain access to therapeutic support in their local communities.

Virtual Trainings

 We support local nonprofits, private practice owners, and community members in improving the skills, tools, and capacity to better support survivors of domestic trafficking & exploitation.

Email us to inquire about our trainings: info@yamt.org

**All services are 100% free & confidential



Make a referral: bit.ly/YAMTWellnessCenter